

Montreal • CANADA

YOUR FUTURE HAS NO BORDERS

John Abbott College for International Students

JOHN ABBOTT COLLEGE

For more than 25 years, John Abbott College (JAC) has warmly welcomed international students to our campus. While at the College, they have the opportunity to immerse themselves into Canadian culture, experiencing life in Canada.



WELCOME TO CANADA

Canada is one of the safest and most prosperous countries in the world. Every year, people from around the globe choose to live, work and study in Canada. The welcoming nature of the Canadian people, and their multicultural heritage makes experiencing Canadian culture most enjoyable.

Montreal

Founded in 1642, Montreal is one of North America's oldest cities. The second largest French speaking city worldwide; the majority of Montreal's 3.4 million inhabitants also speak English and many speak three languages or more. Montreal is a cosmopolitan, urban centre with an ever-present creative and energetic flair.

Often referred to as a festival city due to the numerous and varied activities that take place in Montreal, students have the chance to experience the best of live music, art, sports, and many more all year long.

Sainte-Anne-de-Bellevue

Sainte-Anne-de-Bellevue, home to John Abbott College, is located between two beautiful lakes on the western tip of the island of Montreal.

Famous for its' quaint shops, farmers' market, and charming restaurant lined boardwalk, Ste-Anne's, as it's known by locals, is the perfect place for students to enjoy the fresh air and scenery for which Canada is famous.



LIVING IN MONTREAL

Homestay

Homestay is a unique opportunity to live with English and/or French speaking families near the College. International students will enjoy practicing both languages, and learn firsthand what it means to live in Canada.

A furnished bedroom and three meals a day (plus snacks) are part of the homestay program.



Host Families

Host families share their day-to-day life with international students, including leisure activities and outings. All host families are screened by John Abbott College. They are selected to ensure a fulfilling, cultural experience. A member of the College staff is available 24/7 to assist students with emergencies.



MAKE FRIENDS FROM AROUND THE WORLD

The Student Activities department at John Abbott College plays an important role in strengthening communication and leadership skills among local and international students. Thirty student clubs, such as the student government, newspaper, and radio station thrive on campus. The 1500+ students who take advantage of College clubs develop lifelong friendships while learning practical skills and further improving their English.

Many **fun activities** are also organized to help reduce stress for students, such as:

- Intramural sports like ball hockey, basketball, badminton, volleyball and more.
- Stand-up comedians, bands, magicians and other entertainers also perform shows regularly throughout the year.

International students can join the following **clubs**: anime, educational activism, environmental, model United Nations, fitness, breakdancing, kayaking, outdoor adventure, rock climbing, squash, Chinese culture, Hillel, Christian Fellowship, Muslim students association, Pagan, chess, gamers (role playing), and more! Joining a club is a great way to improve your English skills and meet Canadian students.

Athletes can participate in JAC **varsity athletics programs**: American football, flag football, soccer, swimming, volleyball, baseball, rugby, lacrosse and ice hockey.

International students can take **weekend trips** to amazing North American cities, like:

- Toronto and Niagara Falls
- Boston
- Ottawa
- New York City
- Quebec City

And during the winter, international students can ski in various locations throughout Québec!

EVERYTHING YOU NEED FOR ACADEMIC SUCCESS

The College Academic Success Centre (ASC) will help international student become more successful and independent in English, French and/or other College courses. The ASC offers the following services and resources:

- English and French second language tutoring
- Peer tutoring in nearly every topic
- Online tutoring
- Custom one-on-one tutoring
- Workshops in the following areas: exam preparation, study skills, time management, and more.

Support for students

Support for students is a priority for John Abbott College. The staff of the International Programs Office collaborates with the Student Services department to ensure that all students feel comfortable, personally, socially, and academically during their stay in Montreal.

Here are the highlights of the support available to International students:

- Students have **24/7 emergency access** to a College staff member;
- College nurses are available to talk about health concerns and health choices, about general health, nutrition, emotional well-being, stress, and more;
- John Abbott College psychologists are available to assist students with personal, career, and educational concerns;
- A doctor is available to assist students at the on-campus medical clinic.



WHAT ARE OTHER STUDENTS SAYING?

Studying abroad was the best thing I could do. You realize how small you are compared to the universe and how there are so many places to see and so many more people to meet.

Montreal was the best opportunity and I had the chance to meet the best people in my life. The perfect opportunity, the best time and the best people all together in one place.

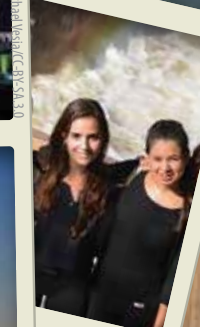
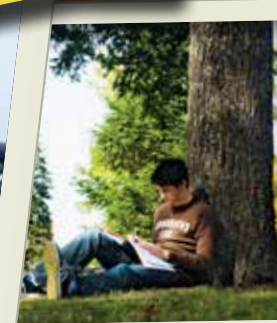
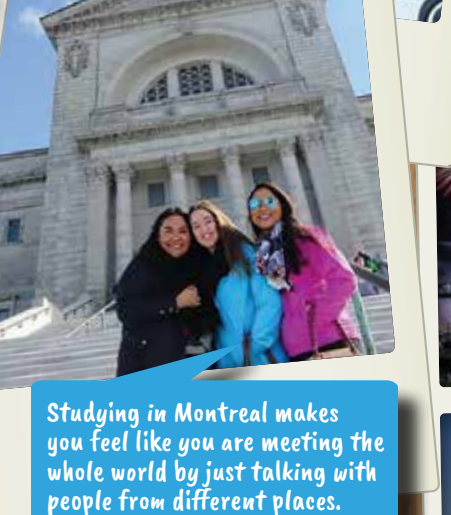
Going to Montreal was one of the best choices that I have ever taken. I got to know places, meet amazing people and, most important, I also got to know myself.

Studying in Montreal makes you feel like you are meeting the whole world by just talking with people from different places.

It feels really good to be in an environment where everyone is trying to help you.

Studying in Montreal is the best experience I have ever had. People in my homestay family are incredible and they always tried their best to make me feel at home.

My semester in Montreal was an experience that I will remember for the rest of my life. It helped me open my mind to different cultures and to know how to adapt myself rapidly to different situations.



ENGLISH ACADEMIC IMMERSION PROGRAM

The English Academic Program at John Abbott College is designed to provide international students with the opportunity to obtain credits from their home institution, while learning about Canadian life and culture, living in a Canadian home, and participating in amazing activities. Our program is available for a single semester, or year-long study.

What courses are available?

Students are registered in 6 academic courses. Choices are available from the following categories:

- English*
- French*
- Math*
- Science* (physics, chemistry and biology)
- Physical Education (basketball, volleyball, kayaking, yoga, martial arts, CrossFit, squash, golf and more)
- Option courses (psychology, sociology, history, political science, business administration, photography, theatre, philosophy and more)

Most importantly, International students are registered in their courses alongside local Canadian students.

*Testing will be required for English, French, Math, and Science courses.

Extra help is available

Apart from JAC's on-campus tutoring, International students may need extra help in their courses. The International Programs Office can arrange for private one-on-one or group tutoring.

What is included in the program:

- 6 academic courses per semester
- Academic support services
- Homestay (food included) or residence (food not included) accommodation
- Airport pick-up and drop off
- Medical insurance
- Welcome orientation and graduation ceremony
- Cultural and social activities and events hosted by Canadian, John Abbott College students
 - › Montreal International Jazz Festival, "Just for Laughs" Comedy Festival, Winter Festival, ComicCon Montreal and more
 - › Activities for Halloween, Valentine's Day, St. Patrick's Day and more
- Access to the JAC pool and Fitness Centre
- 24/7 support from a member of the John Abbott College staff



SUMMER LANGUAGE PROGRAM

This Intensive Immersion Program is designed to improve communication skills. Our emphasis is on building confidence in English or French through participation in engaging activities such as group projects, role playing, debating and presentations. Students will further develop their language skills by participating in dynamic, creative, fun extra-curricular activities.

Classroom activities focus on communication skills (speaking & writing) and comprehension skills (reading & listening). Emphasis will be placed on:

- Vocabulary development
- Learning techniques and strategies
- Grammatical form and usage
- Autonomous learning
- Critical thinking
- Presentation skills

John Abbott College is committed to building student confidence in English. Participants must be 15 years of age on or before the day of arrival in Montreal.

What is included in the program:

- Learning Activities (Monday to Friday)

- 15-20 hours per week of in-class English instruction;
- Daily conversation activities (athletics, art, leadership, etc.)
- One full-day learning activity per week
 - › Day Trip to Québec City and/or Ottawa
 - › Visits to Montreal cultural locations (Montreal Museum of Fine Arts, Biodôme, Olympic Park, Montreal's Old Port, etc.)
- Text book

- Accommodation

- Homestay and/or on-campus residence

- Food

- 3 meals a day plus snacks

- Airport pick-up and drop-off

- Medical insurance

- Welcome orientation and graduation ceremony

- Social activities organized by Canadian, John Abbott College students

- Evening and weekend sports and recreation
- Trips to Montreal festivals and events (minimum 1 per week) (Montreal Jazz Festival, Fireworks Festival, Food Truck Festival, etc.)
- La Ronde amusement park and more!

- 24/7 support from a member of the John Abbott College staff.

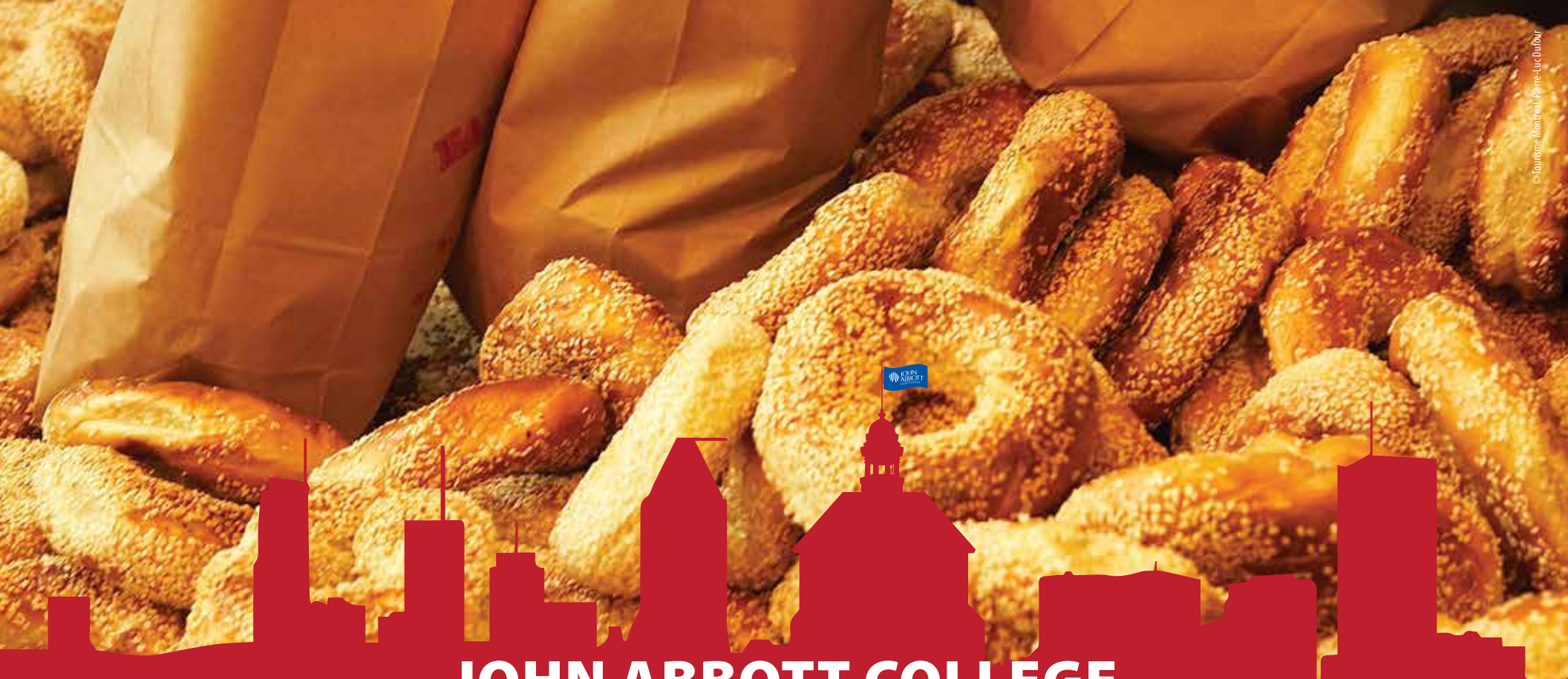




JOHN ABBOTT COLLEGE HAS IT ALL!

A beautiful campus, engaging, fun,
social and cultural activities and
courses that are second to none.

Whether you spend a summer,
a semester or an entire year in
Montreal, this is the place to be,
YOUR FUTURE HAS NO BORDERS!



JOHN ABBOTT COLLEGE

Montreal

CANADA

- Morgan Arboretum
- Charming culture
- Wide variety of ethnic food
- Parc Mont-Royal
- Musée d'arts contemporain (park)
- Notre-Dame Basilica of Montreal
- Complexe Aquatique de l'Île Ste-Hélène
- Montreal bagels
- Atwater Market
- Montreal en Lumières
- Parc Jean-Drapeau
- Ecomuseum
- Underground pedestrian network
- Atrium le 1000
- Plateau Mont-Royal
- Saint-Lareunt Boulevard
- Soothing spas
- Crescent Street
- Quartier des Spectacles
- Montreal Canadians
- fun, inline thrill and go-karting
- Centre Bell
- John Abbott College
- Montreal Jazz Festival
- Pointe-à-Callière Museum
- Place des Arts
- Saint-Joseph's Oratory
- Little Italy and Chinatown
- Montreal Science Centre
- The Montreal Impact
- Maple syrup at the sugar shack
- Delicious poutine
- The Montreal Museum of Fine Arts
- Place Jacques-Cartier
- Rio Tinto Alcan Planetarium
- Bonsecours Market
- Botanical Garden
- Old Port of Montreal
- Hotel de ville de Montreal
- Montreal is the 2nd largest city in Canada
- Parc Olympique
- Lachine Canal
- Circuit Gilles Villeneuve
- Jean-Talon Market

**For more information, please contact
international@johnabbott.qc.ca**

JOHNABBOTT.QC.CA/INTERNATIONAL